September 2024 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	5 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm	6 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	7 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
8 **SKIP DAY**	9 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	10	11 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	12 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm	13 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	14 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
15 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	16 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	17	18 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	19 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm	20 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	21 **SKIP DAY**
22 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	23 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	24	25 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	26 Fitness Center 6-9pm Walking Track 6-9pm Open Gym 6-9pm **(LWW Volleyball CT 6-8pm)**	27 Fitness Center 6-9pm Walking Track 6-9pm Teen Open Gym 6-9pm	28 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
29 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	30 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm **(LWW Volleyball CT 6-8pm)**					

Daily Drop-in Rate: $10 (Lincoln-Way Residents) - $20 (Non Lincoln-Way Residents).

Walking Track is FREE to Lincoln-Way Residents. Non Lincoln-Way Residents must pay $5 per visit.

The Field House hours may end earlier due to lack of attendance, patrons are encouraged to arrive at the program's start time.

Due to circumstances beyond our control, additional skip days may be added.