

December 2024 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	2 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	3	4 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	5 SKIP DAY	6 Fitness Center 6-9pm Walking Track 6-9pm Teen Gym 6-9pm LWW Cheer 6-9pm	7 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
8 SKIP DAY	9 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	10	11 SKIP DAY	12 Fitness Center 6-9pm Walking Track 6-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	13 SKIP DAY	14 SKIP DAY
15 SKIP DAY	16 SKIP DAY	17	18 Fitness Center 6-9pm Walking Track 6-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	19 Fitness Center 7-9pm Walking Track 7-9pm Basketball Practice 7-9pm LWW Cheer 6-9pm	20 SKIP DAY	21 SKIP DAY
22 SKIP DAY	23 SKIP DAY	24	25 SKIP DAY	26 SKIP DAY	27 SKIP DAY	28 SKIP DAY
29 SKIP DAY	30 SKIP DAY	31				

Daily Drop-in Rate: \$10 (Lincoln-Way Residents) - \$20 (Non Lincoln-Way Residents).

Walking Track is FREE to Lincoln-Way Residents. Non Lincoln-Way Residents must pay \$5 per visit.

The Field House hours may end earlier due to lack of attendance, patrons are encouraged to arrive at the program's start time.

Due to circumstances beyond our control, additional skip days may be added.