

# January 2025 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>SKIP DAY</b>	2 <b>SKIP DAY</b>	3 <b>SKIP DAY</b>	4 <b>SKIP DAY</b>
5 <b>SKIP DAY</b>	6 Basketball Practice 6-9pm LWW Cheer 6-9pm	7	8 Fitness Center 6-9pm Walking Track 6-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	9 Fitness Center 6-9pm Walking Track 6-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	10 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	11 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
12 <b>SKIP DAY</b>	13 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	14	15 <b>SKIP DAY</b>	16 Fitness Center 7-9pm Walking Track 7-9pm Basketball Practice 7-9pm LWW Cheer 6-9pm	17 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	18 <b>SKIP DAY</b>
19 <b>SKIP DAY</b>	20 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	21	22 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	23 Fitness Center 6-9pm Walking Track 6-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	24 Fitness Center 7-9pm Walking Track 7-9pm Drop-In Teen Basketball 7-9pm Basketball Practice 7-9pm LWW Cheer 6-9pm	25 <b>SKIP DAY</b>
26 <b>Skip Day</b>	27 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	28	29 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Basketball Practice 6-9pm LWW Cheer 6-9pm	30 Fitness Center 7-9pm Walking Track 7-9pm Basketball Practice 7-9pm LWW Cheer 6-9pm	31 Fitness Center 6-9pm Drop-In Teen Basketball 6-9pm* Main Gym	

**Daily Drop-in Rate: \$10 (Lincoln-Way Residents) - \$20 (Non Lincoln-Way Residents).**

**Walking Track is FREE to Lincoln-Way Residents. Non Lincoln-Way Residents must pay \$5 per visit.**

**The Field House hours may end earlier due to lack of attendance, patrons are encouraged to arrive at the program's start time.**

**Due to circumstances beyond our control, additional skip days may be added.**

Updated 1/29/2025 1:00pm