

March 2025 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
2 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	3 Skip Day	4	5 Skip Day	6 Skip Day	7 Skip Day	8 Skip Day
9 Skip Day	10 Skip Day	11	12 Skip Day	13 Skip Day	14 Skip Day	15 Skip Day
16 Skip Day	17 Skip Day	18	19 Skip Day	20 Skip Day	21 Skip Day	22 Skip Day
23 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm Kids First Programs 9-1pm	24 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	25	26 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	27 Fitness Center 6-9pm Walking Track 6-9pm Open Basketball 6-9pm Open Gym 1-4pm	28 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm	29 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
30 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm Kids First Programs 9am-1pm	31 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm					