

# April 2025 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	3 Fitness Center 6-9pm Walking Track 6-9pm Open Basketball 6-9pm Open Gym 6-9pm	4 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm Open Gym 6-9pm	5 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
6 Fitness Center 9-1pm Walking Track 9-1pm Kids First Programs 9-12:45pm Open Gym 9-1pm	7 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	8	9 Fitness Center 7-9pm Walking Track 7-9pm Men's 35 & Older Basketball 7-9pm Open Gym 7-9pm	10 Fitness Center 7-9pm Walking Track 7-9pm Open Basketball 7-9pm Open Gym 7-9pm	11 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm Open Gym 6-9pm	12 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
13 Fitness Center 9-1pm Walking Track 9-1pm Kids First Programs 9-12:45pm Open Gym 9-1pm	14 <b>Skip Day</b>	15	16 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	17 Fitness Center 7-9pm Walking Track 7-9pm Open Basketball 7-9pm Open Gym 7-9pm	18 <b>Skip Day</b>	19 <b>Skip Day</b>
20 <b>Skip Day</b>	21 Fitness Center 7-9pm Walking Track 7-9pm Men's 35 & Older Basketball 7-9pm Open Gym 7-9pm	22	23 Fitness Center 7-9pm Walking Track 7-9pm Men's 35 & Older Basketball 7-9pm Open Gym 7-9pm	24 Fitness Center 7-9pm Walking Track 7-9pm Open Basketball 7-9pm Open Gym 7-9pm	25 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm Open Gym 6-9pm	26 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
27 Fitness Center 9-1pm Walking Track 9-1pm Open Gym 9-1pm	28 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm	29	30 Fitness Center 6-9pm Walking Track 6-9pm Men's 35 & Older Basketball 7-9pm Open Gym 6-9pm			

Updated 3/10/2025