

# March 2025 West Field House Drop-In Programs & Open Gym

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
2 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm	3 <b>Skip Day</b>	4	5 <b>Skip Day</b>	6 <b>Skip Day</b>	7 <b>Skip Day</b>	8 <b>Skip Day</b>
9 <b>Skip Day</b>	10 <b>Skip Day</b>	11	12 <b>Skip Day</b>	13 <b>Skip Day</b>	14 <b>Skip Day</b>	15 <b>Skip Day</b>
16 <b>Skip Day</b>	17 <b>Skip Day</b>	18	19 <b>Skip Day</b>	20 <b>Skip Day</b>	21 <b>Skip Day</b>	22 <b>Skip Day</b>
23 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-12pm Kids First Programs 9-1pm	24 <b>Skip Day</b>	25	26 Fitness Center 7-9pm Walking Track 7-9pm Men's 35 & Older Basketball 7-9pm Open Gym 7-9pm	27 Fitness Center 7-9pm Walking Track 7-9pm Open Basketball 7-9pm Open Gym 7-9pm	28 Fitness Center 6-9pm Walking Track 6-9pm Drop-In Teen Basketball 6-9pm	29 Fitness Center 1-4pm Walking Track 1-4pm Open Gym 1-4pm
30 Fitness Center 9am-1pm Walking Track 9am-1pm Open Gym 9am-1pm Kids First Programs 9am-1pm	31 Fitness Center 7-9pm Walking Track 7-9pm Men's 35 & Older Basketball 7-9pm Open Gym 7-9pm					

Updated 3/10/2025